



ESPA  
— AT THE —  
EUROPE

PRICE LIST

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## FULL DAY SPA RITUALS

TOTAL BALANCE	€370
2 Hours 45 Minutes	
BODY DETOX	€385
3 Hours 15 Minutes	
PURELY HOLISTIC	€390
3 Hours 30 Minutes	

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## HALF DAY SPA RITUALS

THE ESPA MUSCLE RELAXER	€275
2 Hours 15 Minutes	
THE ESPA DETOXIFIER	€275
2Hours 15 Minutes	
THE ESPA BODY TONER	€275
2 Hours 15 Minutes	
THE ESPA STRESS RELIEVER	€275
2 Hours 15 Minutes	
THE ESPA ENERGY BOOSTER	€275
2 Hours 15 Minutes	
MANKIND	€275
2 Hours 15 Minutes	

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## THE TREATMENTS

PRIVATE SPA SUITE	€520
Price per couple	
2 Hours (minimum) includes	
1 Hour treatment per person	
1 Hour additional relaxation	
time - price per couple	€160
HOLISTIC ENERGISER	
WITH HOT STONES	€255
2 Hours	
REVIVING BACK, FACE	
& SCALP TREATMENT	
WITH HOT STONES	
HERO TREATMENT	€255
2 Hours	
HARMONISING	
AYURVEDIC RITUAL	€270
2 Hours 15 Minutes	

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## ESPA FACIALS

ESPA INNER BEAUTY FACIAL €155  
60 Minutes

LED + NANO-DERMABRASION  
ACTIVE NUTRIENTS FACIAL €180  
60 Minutes

ACTIVE NUTRIENTS GLOW FROM  
WITHIN FACIAL €165  
60 Minutes

ESPA NATURAL FACE LIFT €195  
90 Minutes

ESPA EYE LIFT €75  
15 Minutes

LED LIGHT TREATMENT €50  
15 Minutes

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## ESPA ULTIMATE BODY ENVELOPMENT

CHOOSE FROM THE FOLLOWING €160  
1 Hour 15 Minutes

- DETOXIFIER
- BODY TONER
- SKIN HYDRATOR
- MUSCLE RELAXER
- IMMUNE BOOSTER
- STRESS RELIEVER
- ENERGY BOOSTER
- THE JET LAG ELIMINATOR

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## ESPA ESSENTIAL BODY MASSAGE

INNER CALM MASSAGE  
80 Minutes €215  
50 Minutes €160

DEEP MUSCLE MASSAGE  
80 Minutes €215  
50 Minutes €160

MINDFUL MASSAGE €215  
80 Minutes

SLEEP RITUAL MASSAGE €215  
80 Minutes

SALT & OIL SCRUB €75  
25 Minutes

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## ESPA BODY EXPERIENCES

RELAX AND REFLECT 90 Minutes	€215
ACTIVE ABDOMINAL DETOX 60 Minutes	€160
DEEP CLEANSING BACK TREATMENT 60 Minutes	€160

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## ESPA TREATMENTS FOR MEN

REVIVING FACIAL 90 Minutes	€195
MEN'S DEEP CLEANSING FACIAL 60 Minutes	€155
GENTLEMAN'S TONIC 80 Minutes	€215

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## ESPA MATERNITY

ESPA PRE AND POST NATAL RESTORE 80 Minutes	€215
MATERNITY MASSAGE 50 Minutes	€160
LIGHTER LEGS 50 Minutes	€160
NEW BEGINNINGS 3 Hours 30 Minutes	€390

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## ESPA FINISHING TOUCHES

ULTIMATE HOT STONE PEDICURE 60 Minutes	€85
ULTIMATE HOT STONE MANICURE 60 Minutes	€60

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## FITNESS

FITNESS ASSESSMENT 60 Minutes	€70
PERSONAL TRAINING 60 Minutes	€75